



Standard Test Method for Determining Fungus-Eliminating Effectiveness of Hygienic Handwash and Handrub Agents Using Fingerpads of Adults¹

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INTRODUCTION

Human hands are frequently in contact with other surfaces and can readily acquire transient microbial contamination. Fungi are common among these types of contaminants (**1, 2**),² particularly in healthcare settings and where food is handled. Standardized methods to assess the fungus-eliminating potential of handwash and handrub agents have not been available and this test method addresses the gap.

1. Scope

1.1 This test method is designed to assess the ability of hygienic handwash and handrub agents to reduce levels of fungal contamination on hands (**3**). This test method is not meant for use with surgical hand scrubs (Test Method **E1115**) or preoperative skin preps (Test Method **E1173**).

1.2 Performance of this procedure requires the knowledge of regulations pertaining to human experimentation.³

1.3 The test method should be performed by persons with training in microbiology in facilities designed and equipped for work with infectious agents at biosafety level 2 (**4**).

1.4 The values stated in SI units are to be regarded as standard. No other units of measurement are included in this standard.

1.5 *This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.*

¹ This test method is under the jurisdiction of ASTM Committee **E35** on Pesticides, Antimicrobials, and Alternative Control Agents and is the direct responsibility of Subcommittee **E35.15** on Antimicrobial Agents.

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² The boldface numbers in parentheses refer to a list of references at the end of this standard.

³ Federal Register, Vol 46, No. 17, Jan. 27, 1991.

2. Referenced Documents

2.1 *ASTM Standards*:⁴

D1129 Terminology Relating to Water

E1054 Test Methods for Evaluation of Inactivators of Antimicrobial Agents

E1115 Test Method for Evaluation of Surgical Hand Scrub Formulations

E1173 Test Method for Evaluation of Preoperative, Precatheterization, or Preinjection Skin Preparations

E1838 Test Method for Determining the Virus-Eliminating Effectiveness of Hygienic Handwash and Handrub Agents Using the Fingerpads of Adults

E2197 Quantitative Disk Carrier Test Method for Determining Bactericidal, Virucidal, Fungicidal, Mycobactericidal, and Sporocidal Activities of Chemicals

E2276 Test Method for Determining the Bacteria-Eliminating Effectiveness of Hygienic Handwash and Handrub Agents Using the Fingerpads of Adults

E2756 Terminology Relating to Antimicrobial and Antiviral Agents

3. Terminology

3.1 *Definitions*—For definitions of general terms used in this test method, refer to Terminologies **D1129** and **E2756**.

3.2 *Definitions of Terms Specific to This Standard*:

⁴ For referenced ASTM standards, visit the ASTM website, www.astm.org, or contact ASTM Customer Service at service@astm.org. For *Annual Book of ASTM Standards* volume information, refer to the standard's Document Summary page on the ASTM website.

3.2.1 *active ingredient, n*—a substance added to a formulation specifically for the inhibition or inactivation of microorganisms.

3.2.2 *dry control*—a control to determine the number of colony forming units (CFU) of the test fungus remaining viable after the initial drying of the inoculum on the skin.

3.2.3 *handrub, n*—a liquid, gel, or foam, which is applied by rubbing to decontaminate lightly soiled hands between hand-washings and generally does not require a post-treatment water rinse; such agents usually contain alcohol alone or with other active ingredients.

3.2.4 *hard water, n*—water with a defined level of hardness as calcium carbonate.

3.2.5 *hygienic handwash agent, n*—an agent generally used for handwashing by personnel in hospitals, other health-care facilities, day-care centers, nursing homes, and food-handling establishments to eliminate transient microorganisms from intact skin.

3.2.6 *input control, n*—a control to determine the number of colony forming units of the test fungus placed on each digit.

3.2.7 *neutralization*—a process which results in quenching the antifungal activity of a test material. This may be achieved through dilution of the test material(s) to reduce the antifungal activity, or through the use of chemical agents, called neutralizers, to eliminate antifungal activity.

3.2.8 *soil load, n*—a solution of one or more organic and/or inorganic substances added to the suspension of the test organism to simulate the presence of body secretions, excretions or other extraneous substances.

3.2.9 *test formulation, n*—a formulation which incorporates antimicrobial ingredients.

3.2.10 *test organism, n*—an applied inoculum of an organism that has characteristics which allow it to be readily identified. The test organism is used to simulate a transient topical fungal contaminant. It may also be referred to as a marker organism, fungal simulat/surrogate or fungal contaminant.

3.2.11 *test vehicle, n*—the test agent without an active ingredient.

3.2.12 *unmedicated soap, n*—a soap or detergent for handwashing that is mild to the skin and does not contain any antimicrobial chemicals.

4. Summary of Test Method

4.1 This test method uses a group of adult subjects who have provided informed consent and the skin of whose hands has been determined to be free from any apparent damage. Subjects are to refrain from using any products containing antimicrobial agents for at least one week prior to the test. A known volume of the test fungal suspension is placed on a demarcated area on each fingerpad and the inoculum dried. The contaminated area is then exposed to the control (water with a standard level of hardness) or test agent for the desired contact time, organisms remaining on the fingerpad are eluted and the eluates assayed for fungal CFU. Reductions in the numbers of CFU after treatment with the control and test agent(s) are then

determined. If two different formulations are being compared in the same test, one of them may be designated as a reference and used in place of the hard water control.

5. Significance and Use

5.1 This *in vivo* procedure is designed to test the ability of hygienic handwash or handrub agents to eliminate fungal contamination from experimentally-contaminated hands. Since the two thumbpads and all eight fingerpads can be used in any given test, it allows for the incorporation of an input control (two), control for viable cells of the test fungus remaining after the inoculum has dried (two), fungal cells eliminated after treatment with a control or reference solution (two), and up to four replicates to assess the fungus-eliminating efficiency of the formulation under test. No more than 100 μL of the test fungal suspension is required to complete one test.

5.2 Whereas this test method is designed to work with fungi, similar ASTM standards exist for testing against viruses (Test Method E1838) and vegetative bacteria (Test Method E2276).

5.3 Infectious microorganisms left on hands after washing can be reduced further by drying the washed hands with paper, cloth, or warm air (5). A step for the drying of fingerpads after exposure to the control or test solution, therefore, has not been included to avoid fungal removal by the drying process itself.

5.4 This test method is not designed to test surgical hand scrubs or preoperative skin preps.

5.5 The level of contamination with viable fungi on each fingerpad after the drying of the inoculum should be at least 10^4 CFU so that it would permit the detection of up to a 4-log_{10} reduction in the viability titer of the test organism by a test formulation under the conditions of this test. This in itself does not represent the product performance criterion, which may vary depending on the jurisdiction and the nature of the formulation being evaluated.

6. Equipment and Apparatus

6.1 *Colony counter*, any of several types may be used, for example, Quebec Colony Counter.

6.2 *Freezer*, a freezer at $-70 \pm 2^\circ\text{C}$ or lower is required to store fungal stocks.

6.3 *Handwashing sink*, a sink of sufficient size to permit subjects to wash hands without touching hands to sink surface.

6.4 *Incubator*, any incubator that can maintain a temperature suitable for the growth of the fungal species under test.

6.5 *Laminar flow cabinet*, a Class II biological safety cabinet.

6.6 *Magnetic stirrer and magnets*, large enough to hold a 5-L beaker or Erlenmeyer flask for preparing culture media or other solutions.

6.7 *Membrane filtration system*, a membrane filtration system and membranes with a pore diameter of $0.45 \mu\text{m}$ or $0.22 \mu\text{m}$ are required to sterilize heat-sensitive media/solutions.

6.8 *Positive displacement pipette*, a pipette and pipette tips that accurately can dispense 10- μL volumes.